ADULT PROGRAMME 2026

Donegal English Language School

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WELCOME

Thank you for considering DELS for your English language learning experience in wonderful Donegal.

Our adult programme is designed for groups and individuals who wish to travel to Ireland with the overall goal of improving their English language
ability.

We are a passionate team of professionals who love to meet people from all over the world and help them on their learning journey. At DELS, you are guaranteed a warm, personal and professional service from start to finish.

Gina Witherow,
Owner and Director

Established in 1989, we are a family run business. Donegal English Language School offers tailor-made English language packages to people from all over the world with something to suit every need and budget.

Set in our Georgian building overlooking the Atlantic ocean, we provide expert tuition, quality accommodation and action packed activity programmes in a stunning, scenic location on the Wild Atlantic Way.

Our packages are designed to ensure that each client receives individual attention and the 'Donegal experience'.

EDUCATION IN IRELAND
WORLD-CLASS STANDARDS WARMEST OF WELCOMES

English Education Ireland

ACELS

ADULT PROGRAMMES

English on the Atlantic

Students develop English rapidly & consistently with our small interactive classes, task-based learning objectives, real-world practice and our exciting lesson plans.

Our objective is to give students the confidence to communicate in English and the foundations from which their learning journey can continue.

The English classes run 4 days a week for a total of 15 Hours and includes two to three social activities per week immersed in nature

From €246 per week.

English Immersion on the Atlantic

We offer a specially designed Executive English course which allows students to develop their English rapidly and consistently with our small interactive classes and an additional one to one tuition.

Our teachers design a plan which will ensure your language learning needs are met. 15 hours of small group contact + 5 hours of 1-2-1 English per week. Popular topics covered in 1-2-1 include business, exams, & job preparation.

Two to three social activities per week are incllluded.
From €545 per week.

English & Work Experience

This Programme is the ideal way for students to further improve their English language level and gain
experience working in an international setting.

Offering a combination of English language classes and work experience, students will have a real life experience in a new European country.
We support both Erasmus+ and Alternanza Scuola – Lavoro.

Placements are in local Bundoran businesses and are selected by the school. Students will have 15 hours
of classes and 15 hours of work placement.

From €545 per week

Adult English & Nature Reset Experience

Improve your English while reconnecting with nature through mindfulness, coastal walks, sea swimming, and much more.

WHY STUDENTS LOVE IT HERE

- Small classes
- Friendly international community
- Atlantic Ocean views
- Authentic Irish town life
- Safe and welcoming environment

LIFE IN BUNDORAN

Experience the magic of Donegal in the town of Bundoran on the Wild Atlantic Way

- Atlantic cliffs
- famous surf beaches
- traditional Irish pubs
- live music
- hiking trails
- friendly locals

WELLNESS ACTIVITIES

Activities include:

- Meditation
- Yoga
- Pilates
- Personal Trainer
- Hill Walking
- Surfing
- Forest bathing
- Nature Immersion
- Tai Chi
- Arts and Crafts
- Mindfulness workshop

ENGLISH CLASSES

Our English & nature reset programme combines a range of well-being activities, social activities, and real-life English practice in a fun, international environment.

BOOK NOW

From €1050 per week

- 15 hours of English per week
- 4 Wellness activity sessions per week
- Conversation classes
- Choice of accommodation
- Evening activities
- A teachers report & certificate of attendance & achievement

ACCOMMODATION

Residential
The residential accommodation is less than one minute's walk from the Atlantic Ocean and 5 minutes walk from the school and 10 minutes from the town centre. The house is very spacious with a sitting room, dining room and a well equipped kitchen for self-catering.

Hotel Accommodation
We work closely with a select number of high quality local hotels all within a short distance of the school.

Homestay
We work with a select number of hosts that offer a warm welcome and a home from home experience. All our Homestays are within 5 – 20 minutes of the school and town.

This programme runs July 19th- 26th, August 09th – 16th. Programme fee for full board and excursion included €1455,

Adult English & Surf Immersion

Dive into an unforgettable experience where learning English meets adventure on the waves.

WHY STUDENTS LOVE IT HERE

- Small classes
- Friendly international community
- Atlantic Ocean views
- Authentic Irish town life
- Safe and welcoming environment

LIFE IN BUNDORAN

Experience the magic of Donegal in the town of Bundoran on the Wild Atlantic Way

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- live music
- hiking trails
- friendly locals

WELLNESS ACTIVITIES

Activities include:

- 15 hrs general English & conversation classes
- Four afternoon surf lessons
- ocean safety & surf culture
- Social activity evenings

ADULT SOCIAL ACTIVITIES

Our social activity programme combines English learning with unforgettable experiences on and off the waves.

It includes local excursions and relaxed social events designed to help students practise English while making friends from around the world.

BOOK NOW

From €1050 per week

- 15 hours of English per week
- 4 Surfing sessions
- Transfers to & from surfing sessions
- Social activities & events
- A teachers report & certificate of attendance & achievement
- Choice of accommodation

ACCOMMODATION

Residential
The residential accommodation is less than one minute's walk from the Atlantic Ocean and 5 minutes walk from the school and 10 minutes from the town centre.

The house is very spacious with a sitting room, dining room and a well equipped kitchen for self-catering.

Hotel Accommodation
We work closely with a select number of high quality local hotels all within a short distance of the school.

Homestay
We work with a select number of hosts that offer a warm welcome and a home from home experience. All our Homestays are within 5 – 20 minutes of the school and town.

This programme runs May - September. On July 19th-26th, & August 09th – 16th, the programme fee for full board and excursion included €1455,

Adult English and Horse Riding on the Atlantic

Morning English classes followed by horse riding, coastal walks, cultural excursions and social evenings in Bundoran.

WHY STUDENTS LOVE IT HERE

- Small classes
- Friendly international community
- Atlantic Ocean views
- Authentic Irish town life
- Safe and welcoming environment

LIFE IN BUNDORAN

Experience the magic of Donegal in the town of Bundoran on the Wild Atlantic Way

- Atlantic cliffs
- famous surf beaches
- traditional Irish pubs
- live music
- hiking trails
- friendly locals

RIDING PROGRAMME

Horse riding activities include beach and sand dune rides, and is suitable for experienced riders (competent at canter).

The horses provided are leisure horses & ponies, flexible and appropriate for activities offered.

ENGLISH

Dive into an unforgettable experience where learning English meets horse riding on the atlantic ocean.

Our English & horse riding on the atlantic ocean combines a range of horse riding activities, social activities, and real-life English practice in a fun, international environment.

BOOK NOW

From €1050 per week

- 15 hours of English per week + 3 Horse Riding Sessions
- Choice of accommodation
- Transfers to & from activity sessions
- A teachers report & certificate of attendance & achievement
- Social activty programme

ACCOMMODATION

Residential
The residential accommodation is less than one minute's walk from the Atlantic Ocean and 5 minutes walk from the school and 10 minutes from the town centre.

The house is very spacious with a sitting room, dining room and a well equipped kitchen for self-catering.

Hotel Accommodation
We work closely with a select number of high quality local hotels all within a short distance of the school.

Homestay
We work with a select number of hosts that offer a warm welcome and a home from home experience.

All our Homestays are within 5 – 20 minutes of the school and town.

This programme runs May - September.

Erasmus+ Teacher Training at DELS

Empowering educators through language, culture & innovation.

Experience Ireland while enhancing your professional skills with our Erasmus+ courses for teachers, school staff, and adult educators. Our programmes include:

Irish Culture & English Language Development
Improve your English while exploring Ireland's history, traditions, and contemporary culture. Suitable for all education staff with A2+ English.

Teaching Sustainability through PBL
Learn to integrate environmental education and project-based learning (PBL) into your teaching. B1+ English required.

Teaching Mindfulness through PBL & Experiential Learning
Discover mindfulness, wellbeing, and experiential learning strategies for a positive classroom culture. B1+ English required.

Teaching in the Age of AI & Digitalisation
Gain practical skills using AI, digital tools, and innovative teaching approaches in your classroom. B1+ English required.

English for Educators & Administrative Staff
Enhance English communication for European projects, school administration, and international collaboration. A2+ English recommended.

Course Features

- **25 hours/week tuition/social programme**: 15 hours English + 5 hours themed workshops + 5 hours social programme
- Small classes (avg 8, max 12) with experienced teachers (avg 15 years)
- Interactive, practical approach with authentic Irish immersion
- Cultural activities and optional full-day excursions
- Networking & exchange opportunities with fellow educators

Fees & Requirements

- Course fee: €495 + booking fee
- Accommodation: Separate, various options available
- Minimum participants: 6 (alternative placement offered if course is undersubscribed)

WORK STUDY VISA PROGRAMME

This 25-week programme includes 15 hours of English classes each week from Monday to Thursday. The Work Study Visa programme also allows you to work part-time during your studies and full-time during the 8 weeks of holidays.

We will provide you with all the necessary documents for your application for entry to Ireland. We prepare our students for the internationally recognised IELTS exam. Includes 25 weeks of classes, 15 hours per week, social activity programme, 8 weeks' holidays and one week's free accommodation.

Below are some of the many reasons students choose Donegal for their work study visa experience

- We are an ILEP listed language school with 36 years' experience
- We pride ourselves and offering a personal touch with all of our students
- The cost of living is much lower than the cities in Ireland
- You earn the same money as you would in other areas
- Average rent for a two bedroom apartment is €850 per month beautiful seaside location

What can you expect from the Study Visa course?

1. Small classes, average of 8 students, maximum 12
2. Access to a weekly social activity programme
3. Highly skilled teachers (on average 15 years experience)
4. 15 hours of English and IELTS preparation per week
5. Learner Protection
6. Support with opening bank accounts, GNIB and finding accommodation

PRICE

€4,500 WSV - 25 weeks - holidays 8 weeks at end
€80 euro course books
€50 euro booking fee
€30 euro accommodation fee
€230 IELTS / FCE exam
€125 insurance

ACCOMMODATION

ACCOMMODATION TYPES

We have multiple choices of accommodation for our Adult students, including our two residential centres and our selection of Homestays.

Self catering providers, bed and breakfasts and hotels can all be found within a short distance of the school.

Everything in Bundoran is in walking distance, so there is no need for public transport

ZEPHYR LODGE

- 5 minute walk to School.
- Sea and mountain Views.
- All ensuite rooms.
- 10 minute walk to Town.
- Fully equipped kitchen and small kitchenette.
- Dining room and large living room.
- Private, twin or triple rooms.
- Residential Self-Catering – €300 per week

CASA DEL MAR

- 5 minute walk to school.
- Sea and mountain Views.
- 10 minute walk to Town.
- Fully equipped kitchen.
- Large living room and dining room.
- Private, twin or triple rooms
- Residential Self-Catering – €300 per week

ACCOMMODATION

HOME STAY ACCOMMODATION

Immerse yourself in Irish culture and hospitality by staying with a local Irish family. You will receive a warm welcome and become part of the family, sharing meals together.

All host families are within walking distance of the school, meaning students can easily walk to school and explore the town in their free time. Host Family – full board – €350 per week

Emmet & Sharon O'Doherty

AnneMarie & Francis Keenan

Paul & Teresa Sweeney

Eamonn & Fiona Lonergan

Karen & Paul Doherty

Diana & Alan Dorrian

SOCIAL & CULTURAL ACTIVITIES

Included in all of our Adult English programmes, is our social activity calendar of events. English is not only learned in the classroom, but also outside through your exploration of the Wild Atlantic Way, it's history, culture and stunning scenery.

Each week, students will have the opportunity to join a range of afternoon or evening activities. From cooking popular Irish dishes, listening to traditional Irish musicians in the pub or joining a themed conversation class, you will be guaranteed to find something of interest. Most Social and Cultural activities are included at no additional charge

EXCURSIONS

Once a week, students will have the opportunity to explore some of the beautiful scenery along the Wild Atlantic Way while also getting the opportunity to visit different towns and cities including Glenveagh National Park, Queen Meabh's Grave, Slieve League, Lisadell House, Parkes Castle, Marble Arch Caves, Derry City and Sligo town.

Between hiking some of Europe's tallest sea cliffs, exploring beautiful forests and wildlife and visiting historic monuments, there is something for everyone's taste.
Weekly excursions are an additional 50 euro per person to join

PRICE LIST

Duration	English On The Atlantic	English Immersion on the Atlantic	English & Work Experience	One to One	Accommodation
1 -4 WK	€295	€595	€570	€825	Home stay full board €350 per week
5 - 11 WK	€270	€570	€545		Residential Self catering €300 per week
12 + WK	€246	€545	€545		

English and Experience Packages - May to Sept only	
English & Surfing Immersion 1 WK	€1050
English & Horse Riding On the Atlantic 1 WK	€1050
English & Nature Reset 1 WK* Dates are July 19th- 26th, August 09th - 16th, September 27th - October 4th	€1050
Full day excursion	€50

Work Study Visa - Non EU Student Course (Visa)	
25 WK	€4500
Course books	€80
Booking fee	€50
Accommodation fee	€30
IELTS / FCE exam	€230
Insurance	€125

Erasmus Fees	Contact us for fees & programmes on Erasmus courses

Additional Fees	
Course Book General (For students staying 3+ weeks)	€55
Course Books (Exam/Business English/WSV)	€80
Accommodation booking fee	€30
Special dietary requests	€45
IELTS/FCE/CAE Examination	€230
WSV Insurance	€125
1 - 2 - 1 Tuition	€60 per hour
Booking Fee	€50
Residential full board supplement	€250

Transfers			
From Dublin	(one way)	From Knock	(one way)
Shared Transfer (14 June - 23 August)	€110	Shared Transfer (14 June - 23 August)	€80
Private Transfer	€380	Private Transfer	€210
Ballyshannon collection/drop off (Between 9am-10pm)		€30	

Excursion pricing is based on student joining DELS weekly excursion.

Donegal English Language School
West End, Bundoran
00353 (0)71 984 1288
info@donegallanguageschool.com

Find us on: